



Oakland
Gastroenterology
Associates, PC

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Diplomates American Board of
Internal Medicine & Gastroenterology

Name: _____

Location: _____

Date: _____ Arrival Time: _____ Time: _____

PREPARATION FOR EGD

ESOPHAGOGASTRODUODENOSCOPY

Nothing to eat or drink after midnight the night before you procedure. If your procedure is scheduled at 2:00 pm or later, you may have clear liquids, the morning of the procedure until 8:00 am, nothing after.

You will need a driver who can stay throughout the procedure. This is a HOSPITAL POLICY. If you arrive without a driver, the hospital will cancel the procedure.

Do not take diet pills (Adipex or Tenuate) five (5) days prior to your procedure. Any Aspirin or blood thinners, Aggrenox, Arixtra, Brilinta, Coumadin (Wafarin), Effient, Eliquis, Lovenox, Plavix (Clopidergrol), Pradaxa, or Xarelto, you will be directed when to discontinue after the office has received clearance from your cardiologist or prescribing doctor.

Discontinue any Iron supplements 5 days prior to your procedure.

You may take your cardiac or blood pressure medication the morning of your procedure, if normally taken in the morning, with the least amount of water possible. Do not take your diabetic medication the day of your procedure. Bring the diabetic medication and any other medication with you to your procedure.

**If you need to cancel your procedure, please allow the office 48 hours notice.

www.oaklandgastroassoc.com

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